



frozen all natural smoothies

12 OZ \$3.50
16 OZ \$4.25



STRAIGHT UP FRUIT

pick one or mix & match flavors below

straight "A"

strawberry

four point oh

peach, strawberry, banana

campus crush

raspberry

omg!

pina colada, mango

brain freeze

strawberry, mango

ENERGY INFUSED

choose your fruit flavor

and we'll blend it with an energy drink for the burst you need

frozen or iced



FITNESS FREAK

12 oz \$4.50 | 16 oz \$5.25

available with the fruit of your choice

skippin' lunch

a balanced meal replacement low in calories with all the daily vitamins you need

lean machine

low calorie shake with extra fiber

re-fuel

the ideal recovery shake high in protein

energy rush

liquid energy! a perfect meal replacement with a cutting edge energy supplement

V8 V-FUSION

2 full servings of fruit and veggies

watermelon raspberry

tropical fruit



FRUIT AND YOGURT

ice cream can be substituted for yogurt

like, seriously

raspberry, yogurt

brainiac

orange juice, mango, yogurt

skippin' class

banana, strawberry, yogurt

spring break

peach, yogurt

COFFEE BREAK

caffe latte • mocha • caramel

frozen or iced

ADD ONS

\$1.00

fat burner • energy • vitamin c • fiber
protein (13g)
mrp (13g)



banana • mango • pina colada • peach • raspberry • strawberry • V8 watermelon raspberry • V8 tropical fruit • ice cream • non-fat yogurt • mix and match